

Another important message to Watertown parents:

# CHECKING IN on your kids HELPS THEM STAY SAFE

**TALK TO OTHER  
PARENTS.  
LET'S WORK  
TOGETHER TO RAISE  
HEALTHY KIDS.**

**Knowing what your child is doing and who they are with reduces the chance he or she will become involved with alcohol or other risky behaviors.**

Here are some tips:

- Connect with other parents —getting to know other parents can help you keep aware of what your child is doing.
- Already having a friendly relationship can make it easier for you to call the parent of a child who is having a party to be sure that a responsible adult will be present and that alcohol will not be available.
- Always know where your child is, with whom, and what they will be doing. Make sure there is supervision and ensure that no alcohol will be present.
- Make sure not to leave your teenagers home alone when you go out of town. Word gets out quickly and a party can develop even without your child's consent.
- Call or ask your child to call you at specific times and agree on when they are to be home.

You're likely to find out that you're not the only adult who wants to prevent underage drinking —many other parents share your concern.

For more information, call 617.926.3600 or email [wyc@waysideyouth.org](mailto:wyc@waysideyouth.org)



*We are changing thinking about underage drinking.*



